



Helping Hands Food Pantry Fun Run/Walk/Bike

**5 K loop around Prospect Park
beginning at 15th Street Entrance
Saturday, Nov. 21 at 11 AM**

Since 1992, Helping Hands Food Pantry, located at 116 6th Avenue in the basement of St. Augustine Church, has provided emergency food to the needy in our community each week. In the last year, an average of 630 men, women, and children have been served each month. The purpose of the Fun Run/Walk/Bike event is to raise the money needed to ensure that our services may continue at the current level through 2010.

Individuals or groups can participate in this non-competitive event by collecting donations from sponsors for the food pantry. Sponsors sheets and donations are to be turned in when participants register on the morning of the event. No other registration fee is required.

**Make This a Family Event to
Help Those in Need!**

Please print:

- * Participant Name:
- * Phone number or e-mail:
- Address:
- Information requested for follow-up and will not be shared or sold to anyone.

WAIVER:

I hereby waive all claims against the St. Augustine Helping Hands Food Pantry (HHFP) and event sponsors and personnel and/or volunteers for any injuries I might suffer in this event. I grant permission to HHFP to use any photographs of this event for legitimate purposes.

(Signature of participant or Parent/Guardian)

Please have your sponsors print their names, mailing or e-mail addresses, and the amount of the donations on the spaces provided on the inside sheet. Those sponsors providing addresses will receive acknowledgement of their donations.

PLEASE NOTE:

**CHECKS SHOULD BE MADE OUT TO
ST. AUGUSTINE FOOD PANTRY.**

All donations will be used for the purchase of food to be distributed through Helping Hands Food Pantry. St. Augustine donates the use of the food pantry space, and there are no paid staff.

**THANK YOU FOR HELPING US TO
PROVIDE FOOD TO THOSE IN NEED!**

If you choose to sponsor a participant, please print your name, e-mail or mailing address, and the amount of your tax-deductible donation in the area below. (Checks should be made out to St. Augustine's Food Pantry.) Those sponsors providing addresses will receive acknowledgement of their donations. Thank you for your generosity!

	Sponsor Name	E-mail or Mailing Address	Amount
1	_____	_____	_____
2	_____	_____	_____
3	_____	_____	_____
4	_____	_____	_____
5	_____	_____	_____
6	_____	_____	_____
7	_____	_____	_____
8	_____	_____	_____
9	_____	_____	_____
10	_____	_____	_____
11	_____	_____	_____
12	_____	_____	_____

Participant signature _____ Total Amount Donated by Sponsors _____